



FRIENDS FOR LIFE
HOMECARE and
MEDICAID CONSULTANTS

Call Us!
Nassau (516) 900-1818
Suffolk (631) 485-5574
Queens (718) 878-4334

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Friends For Life Newsletter, December 2020

Let's Talk Senior Care



Upcoming Events for December

Babylon Village Santa Car Parade & Old fashioned Night of Shopping
12/4

Vote Friends for Life Homecare for Best of Long Island
12/1-12/15

See the Decorated Houses on Park Blvd. in Massapequa Park - write letters to santa!
12/1-12/31

Friends for Life Food Drive Continues
1045B Park Blvd.
12/1-12/31

"Feed a Senior" Mission Continues
12/1-12/31

Upcoming events for the month of December may be affected due to COVID-19.

Past Events from November

November is National Alzheimer's Awareness Month

Alzheimer's Virtual Walk in the Park
11/1

Vote Friends for Life Homecare for Best of Long Island
11/1-11/30

Friends for Life Food Drive Begins
11/20

Thanksgiving
11/26

"Feed a Senior" Mission Continues

If you want to read more and view photos from our November events

[Click Here](#)



Friends for Life Homecare

FOOD DRIVE



St. Rose Parish Needs Our Help!

With the Holidays approaching, the parish is looking to help as many families as possible.



For each drop off made, your name will be entered into a raffle. **5 lucky winners** will get to select a deserving senior of their choice to win a full course meal (Serves 4).



Drop off begins
Friday, November 20th.
Every M-F from 10am-4pm
1045B Park Blvd.
Massapequa Park, NY 11762



[Click Here for a Complete List of Goods](#)



Q&A Ask Amy



Q: "Why would I hire care for my dad through an agency instead of on my own?"

A: "There are a number of reasons why hiring care for your loved one through an agency can benefit you. Below are just a few things to take into consideration when deciding if an agency is best.

When going with an agency, they take care of a number of important aspects such as, **screening, vetting, and background checks** so that you don't have to. You can save yourself a great deal of time and enjoy peace of mind knowing that a team of experienced professionals have your back.

If something happens, an agency can easily provide a backup or replacement caregiver **the same day**. In addition, if your schedule changes, you can easily get help from another caregiver during times that your first caregiver may not be available.

Lastly, they have a large selection of aides with the required certifications **to fit your unique situation**. The agency works personally with each and every aide and are familiar with their experience, strengths and weakness'."



VOTE FOR

FRIENDS FOR LIFE HOMECARE

SECTION: **HEALTH, WELLNESS & BEAUTY**

CATEGORY: **HEALTH AIDES**

VOTE NOW THROUGH DECEMBER 15, 2020 BESTOFLONGISLAND.COM

LIMIT ONE VOTE PER CATEGORY PER PERSON PER DAY

Voting is so easy!
1. Click the link below
2. Click "Vote Now"



[Click Here to Vote for Friends for Life](#)

Christmas Elf Iceskate
Dreidel Hannukkah



Ornament Santa Stocking
Present Snowflake Wreath

❄️❄️❄️❄️❄️
**DECEMBER
WORD SEARCH**

B D Q I L P C A P A L O W Q Y S C A T H S L
C L M S G I N W O O R S O L A B J I I F X T
H U C F O B A Y P B O N A O A L K T E W P N
R F L I P Y E Y S O T O R N A M E N T R I S
I L U L D R E I D E L W T U T H J M E V U L
S Z T O R F U Y C F R F O L A A S S B E O I
T B O I S O N S L E T L F E E N E Y S S T U
M F I C T E T G A O I A D L I N T G I F F E
A A M E U O Y T A R D K M T T U E L A S S H
S O E S C G H S H E N E L E B K E T U L V P
C P O K I I F A T H E R S D A K R I A A L L
S S I A P D C A P E D E L I A A F I O U S E
K N T T F T P A T S H E D S D H L A E L F A
G W R E O P S M E H O R A L T U Y L I V S Y

 *Laughter is the best Medicine!* 

1. What do you call a kid who doesn't believe in Santa?
2. What do you call Santa when he takes a break?
3. Why was the broom late to the Hanukkah party?
4. What do you get when you mix a Christmas tree and an I-pad?

Answers:

Flip the screen to reveal the answers!

1. A rebel without a Claus
2. A Santa Pause
3. It over-swept
4. A pineapple!

Recipe of the Month:



Christmas Crunch Cake

Recipe provided by Tablespoon.com

Prep Time: 15 Minutes
Total Time: 4 hr 15 Min
Servings: 9



Directions

1. In a large bowl, stir together crushed granola bars, melted butter and sugar until well mixed. Press half of the mixture into a 9x9-inch baking pan that has been generously sprayed with nonstick baking spray.
2. In a mixer, beat together cream cheese, sweetened condensed milk, whipped topping, and almond extract.
3. Fold in nonpareils, reserving about 1 teaspoon for the

INGREDIENTS

- 16 Nature Valley™ crunchy granola bars Oats 'n Honey, crushed
- 1/2 cup butter, melted
- 2/3 cup sugar
- 2 (8 oz.) blocks cream cheese, softened
- 1 (14 oz.) can sweetened condensed milk
- 1 (8 oz.) container extra creamy whipped topping
- 1/2 teaspoon pure almond extract
- 1 tablespoon vanilla
- 1/3 cup Betty Crocker™ Decorating Decors nonpareils (red, white and green) Nonstick baking spray

- topping.
4. Spread whipped mixture on top of crust. Top with remaining granola bar mixture and sprinkle with reserved nonpareils. Cover with plastic wrap and freeze until firm, about 4-6 hours.

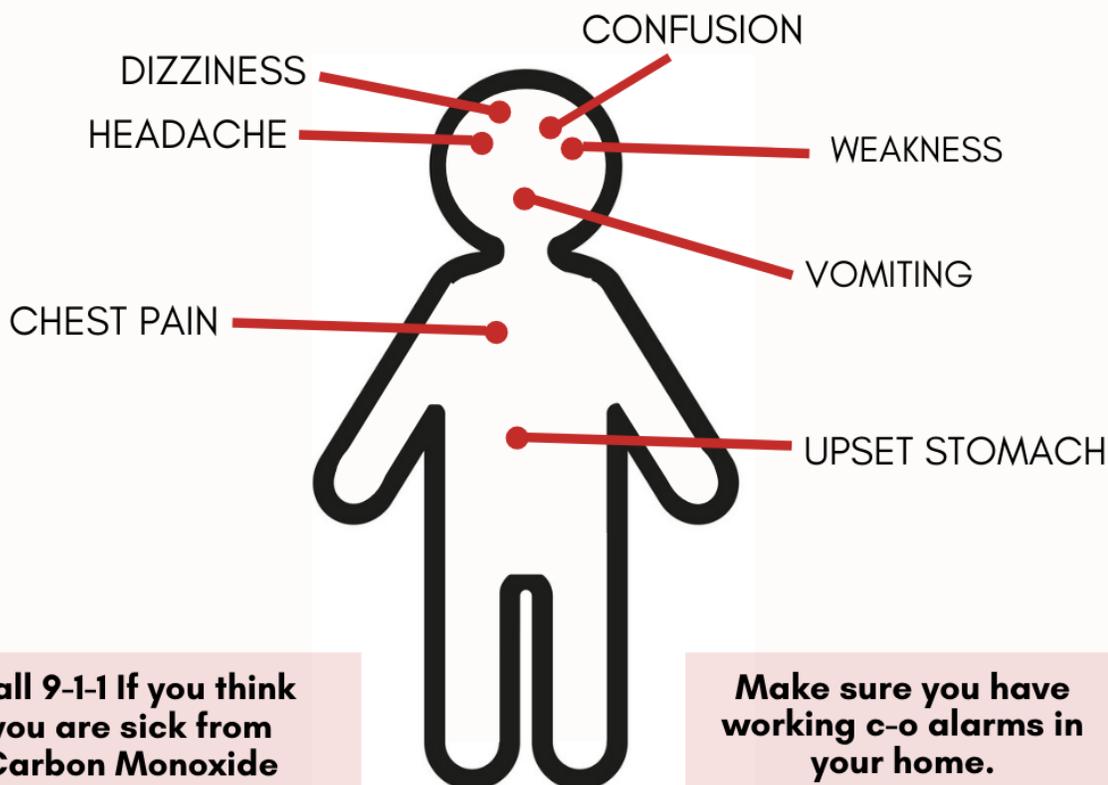


Tip of the Month!

C-O POISONING CAN BE LETHAL!

Know the Signs

With the cold weather approaching, be sure to check your heating systems for efficiency or contact your service providers. Improperly working systems can cause a build up of carbon monoxide. Below are signs of carbon monoxide poisoning to look out for.



Call 9-1-1 if you think you are sick from Carbon Monoxide

Make sure you have working c-o alarms in your home.



SUPPORT LOCAL

Business of the Month



Shoptoni.co

The Perfect Gift this Holiday Season

Hello@shoptoni.co www.Shoptoni.co



The Toni Team feels that small business impacts the world and we want to give back. Your voice can be heard by wearing your TONI scrunchie, mask, and/or hat loud and proud; knowing that your purchase has made a difference. **15% of profits are donated from each order to a different cause every month.**

We share our donation journey on our site and social media for you to follow the course and shine the light.

So, tie your hair back and start changing the world!

[Click Here to Visit Shoptoni.co](http://www.Shoptoni.co)



Friends For Life Homecare
and Medicaid Consultants

(516) 900-1818

1045B Park Blvd., Massapequa Park, NY
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**Contact Us
Today!**